Health Information Technology for Quality Improvement



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Outline

- The Promise of EHRs
- Failure to achieve expectations
- Maturation of the field
- Tools for Quality Improvement
- What can we do



The Promise of EHRs



Computers in Medicine: Artificial Intelligence

- MYCIN (1975)
 - Shortliffe, Edward H., et al. "Computer-based consultations in clinical therapeutics: explanation and rule acquisition capabilities of the MYCIN system." *Computers and biomedical research* 8.4 (1975): 303-320.
 - Used the clinical decision criteria of experts to advise physicians regarding **selection of empiric antimicrobial therapy** for hospital patients with bacterial infections based on clinical and historical criteria
- Oncocin (1981)
 - Shortliffe, Edward H., et al. "Oncocin: An expert system for oncology protocol management." Proceedings of the Seventh IJCAI, 1981, pp. 876-881.
 - A **cancer chemotherapy planning** program which used the patient's past treatment history to generate a therapy plan
- Internist-1 (1982)
 - Miller, Randolph A., Harry E. Pople Jr, and Jack D. Myers. "Internist-1, an experimental computerbased diagnostic consultant for general internal medicine." *The New England journal of medicine* 307.8 (1982): 468.
 - A computer program capable of making multiple and complete diagnoses in internal medicine
 - Would be given a set of symptoms and lab reports, the computer **made a differential diagnosis and asked pointed questions to narrow the possibilities** until a diagnosis was reached.
 - Its performance on a series of 19 clinicopathological exercises published in the Journal appeared qualitatively similar to that of the hospital clinicians but inferior to that of the case discussants.



Health Information Technology (HIT) Improves Care (1993 – 1994)

- Tierney, William M., et al. "Physician inpatient order writing on microcomputer workstations." JAMA: the journal of the American Medical Association 269.3 (1993): 379-383.
 - Charges that were 12.7% lower per admission
 - A mean length of stay was 0.89 day shorter
- Evans, R. Scott, et al. "Improving empiric antibiotic selection using computer decision support." Archives of Internal Medicine 154.8 (1994): 878.
 - a 17% better antibiotic drug regimen suggested by a computer consultant vs. a physician



CPOE Decreases Medication Errors (1998 – 1999)

- Evans, R. Scott, et al. "A computer-assisted management program for ٠ antibiotics and other anti-infective agents." New England Journal of Medicine 338.4 (1998): 232-238. 🦯
 - Faster retrieval of relevant patient-specific information 14 minutes vs. 3.5 seconds
 - Reductions:
 - 70% Adverse Drug Events (ADEs),
 76% in reported allergies

• 79% Excess drug dosages,

- 94% Antibiotic-susceptibility mismatches
- Bates, David W., et al. "Effect of computerized physician order entry and a • team intervention on prevention of serious medication errors." JAMA: the journal of the American Medical Association 280.15 (1998): 1311-1316. 🧷
 - a 55% decrease in serious medication errors
- Bates, David W., et al. "The impact of computerized physician order entry ٠ on medication error prevention." Journal of the American Medical Informatics Association 6.4 (1999): 313-321. 🥂
 - 3 years subsequent: an **86% decrease in non intercepted serious medication** errors (P<.001 for both)



Early Studies: CPOE Decreases Medication Errors (1998 – 2001)

- Overhage, J. Marc, et al. "A randomized trial of "corollary orders" to prevent errors of omission." *Journal of the American Medical Informatics Association* 4.5 (1997): 364-375.
 - Greater than 25% improvement in the rates of corollary orders with implementation of computerized reminders.
- Teich, Jonathan M., et al. "Effects of computerized physician order entry on prescribing practices." Archives of Internal Medicine 160.18 (2000): 2741.
 - Demonstrated 5 prescribing improvements in types, doses, and frequencies of drug use with the implementation of computerized clinical decision support
- Chertow, Glenn M., et al. "Guided medication dosing for inpatients with renal insufficiency." JAMA: the journal of the American Medical Association 286.22 (2001): 2839-2844.
 - Demonstrated a 13% decrease in inappropriate dose and a 24% decrease in inappropriate frequency for nephrotoxic drugs in patients with renal insufficiency (*P*<. 001 for both).



Continued Evidence of CPOE Benefits Pre/Post Intervention Studies (2002-2004)

- Mekhjian, Hagop S., et al. "Immediate benefits realized following implementation of physician order entry at an academic medical center." *Journal of the American Medical Informatics Association* 9.5 (2002): 529-539.
 - A 64% improvement in medication turn-around times, 43% in radiology procedure completion times, and 25% in laboratory result reporting times
- Potts, Amy L., et al. "Computerized physician order entry and medication errors in a pediatric critical care unit." *Pediatrics* 113.1 (2004): 59-63.
 - An overall error reduction of 95.9% with ADEs reduced by 40.9%, Medication prescribing errors reduced by 99.4% and rule violations reduced by 97.9%.



Continued Evidence of CPOE Benefits Pre/Post Intervention Studies (2005-2007)

- Kucher, Nils, et al. "Electronic alerts to prevent venous thromboembolism among hospitalized patients." *New England Journal of Medicine* 352.10 (2005): 969-977.
 - Reduced risk of deep-vein thrombosis or pulmonary embolism at 90 days by 41%
- Holdsworth, Mark T., et al. "Impact of computerized prescriber order entry on the incidence of adverse drug events in pediatric inpatients." *Pediatrics* 120.5 (2007): 1058-1066.
 - A 43% reduction in preventable ADEs and 63% reduction in potential ADEs



Health Information Technology and Quality, Efficiency and Cost (2006)

- Wu, Shinyi, et al. "Systematic review: impact of health information technology on quality, efficiency, and costs of medical care." Annals of internal medicine 144.10 (2006): 742-752.
- 257 studies met the inclusion criteria of which 25% were from 4 academic institutions with internally developed systems
 - Brigham and Women's Hospital in Boston
 - LDS Hospital in Salt Lake City
 - Vanderbilt University Medical Center in Nashville
 - The Regenstrief Institute in Indianapolis
- Those 4 institutions (and only those 4) demonstrated
 - Benefits on quality:
 - Benefit of outcome improvement
 - Efficiency benefit



Failure to achieve expectations



EHRs: Problems with Commercial Installations (2005 – 2007)

- Han YY, Carcillo JA, Venkataraman ST, et al. Unexpected increased mortality after implementation of a commercially sold computerized physician order entry system. *Pediatrics*. 2005;116(6):1506–1512
 - The rapid implementation of a minimally modified, commercially available CPOE system in a pediatric critical care unit was associated with an increase in mortality rate for children admitted via interfacility transport over a 5-month period.
- Linder, Jeffrey A., et al. "Electronic health record use and the quality of ambulatory care in the United States." *Archives of Internal Medicine* 167.13 (2007): 1400-1405.
 - Evaluated 50,000 patient records from over 1500 physician practices in 2003 and 2004 and found: "As implemented, EHRs were **not associated with better quality** ambulatory care."



Continued Lack of Evidence (2011)

- Romano, Max J., and Randall S. Stafford. "Electronic health records and clinical decision support systems: impact on national ambulatory care quality." *Archives of internal medicine* 171.10 (2011): 897.
 - Used data from the National Ambulatory Medical Care Survey (NAMCS, 2005-2007) and the National Hospital Ambulatory Medical Care Survey (NHAMCS, 2005-2007) to examined the impact of EHRs on outpatient care and found that neither EHRs nor CDS was associated with ambulatory care quality
- Black, Ashly D., et al. "The impact of eHealth on the quality and safety of health care: a systematic overview." *PLoS Medicine* 8.1 (2011): e1000387.
 7
 - Identified systematic reviews published between 1997 and 2010 that focused on assessing the impact of eHealth interventions on the quality and/or safety. The technologies were: storing, managing, and transmission of data, clinical decision support and facilitating care from a distance
 - Despite support from policymakers, there was relatively little empirical evidence to substantiate many of the positive claims made in relation to these technologies.



Discussion



Maturation of the Field



Local Customization of CPOE Improves Quality (2010 – 2012)

- Longhurst, Christopher A., et al. "Decrease in hospital-wide mortality rate after implementation of a commercially sold computerized physician order entry system." *Pediatrics* 126.1 (2010): 14-21.
 - Pre and Post implementation of a locally modified CPOE and electronic nursing documentation system at quaternary care academic children's hospital demonstrated a monthly adjusted mortality rate decreased by 20%
- Bright, Tiffani J., et al. "Effect of clinical decision-support systems: a systematic review." Annals of internal medicine 157.1 (2012): 29-43.
 - A review of 148 randomized, controlled trials of electronic CDSSs implemented in clinical settings, used at the point of care and reported either clinical, health care process, workload, relationship-centered, economic, or provider use outcomes.
 - Both commercially and locally developed clinical decision-support systems (CDSSs) showed statistical significance in improved health care process measures related to performing preventive services, ordering clinical studies and prescribing therapies across diverse settings.



EHRs and Ambulatory Quality (2012)

- Kern, Lisa M., et al. "Electronic Health Records and Ambulatory Quality of Care." Journal of General Internal Medicine (2012): 1-8.
 - Study compared physicians using EHRs to physicians using paper
 - EHRs were associated with significantly higher quality of care for hemoglobin A1c testing in diabetes, breast cancer screening, chlamydia screening and colorectal cancer screening
 - When all nine measures were combined into a composite, EHR use was associated with statistically significant higher quality of care
- Reed, M., et al. "Outpatient electronic health records and the clinical care and outcomes of patients with diabetes mellitus." *Annals of internal medicine* 157.7 (2012): 482. <u>7</u>
 - Statistically significant improvements in treatment intensification after HbA1c ≥ 9% or LDL-C values of 100 to 129 mg/dL
 - Statistically significant reductions in HbA1c and LDL-C levels, with the largest reductions among patients with the worst control

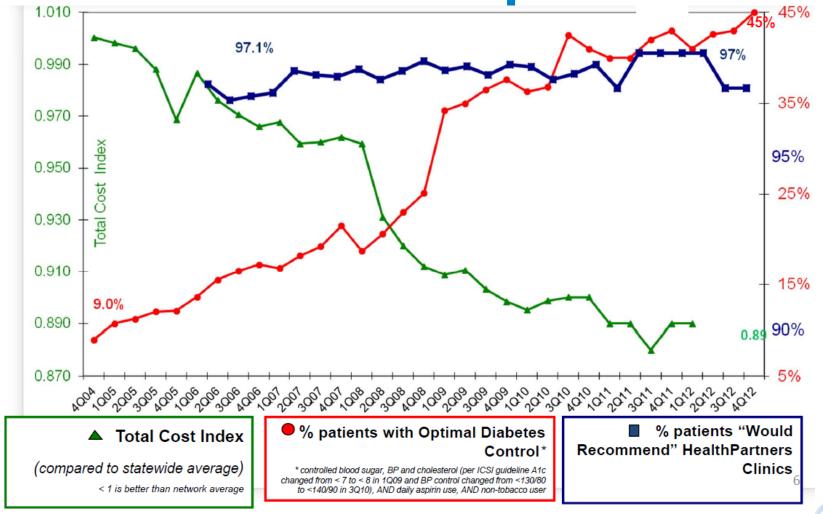


Studies in reaction to "Meaningful Use" 2012

- Buntin, Melinda Beeuwkes, et al. "The benefits of health information technology: a review of the recent literature shows predominantly positive results." *Health Affairs* 30.3 (2011): 464-471.
 - 92% of the recent articles on HIT reached overall positive conclusions
 - Benefits only beginning to emerge
 - Provider dissatisfaction remains a problem
- Cebul, Randall D., et al. "Electronic health records and quality of diabetes care." New England Journal of Medicine 365.9 (2011): 825-833.
 - Data for 27,207 diabetic adults seen at 46 practices
 - Statistically significant improvement in diabetes care, outcomes and annal improvement



HealthPartners' Experience



Source: Alan Abramson, MN eHealth Conference May 2013 http://www.health.state.mn.us/e-health/summit/summit2013/s2013plenary2abramson.pdf **Stratis**Health

Tools for Quality Improvement



Minnesota

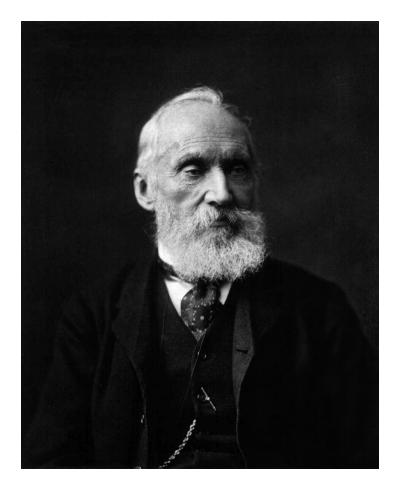
- ...where all the women are strong, all the men are goodlooking, and all the children are above average
- But how do we know





To prove it, one needs data

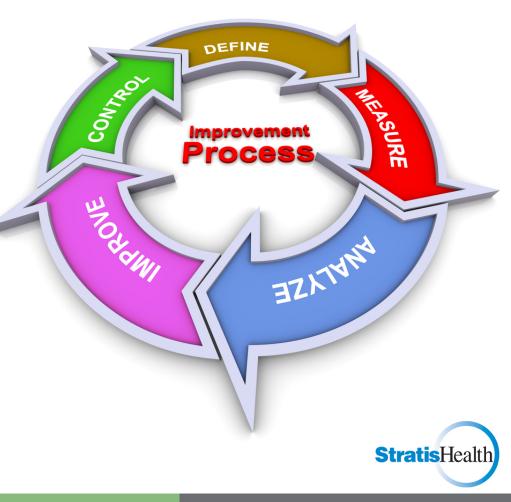
- "If you can not measure it, you can not improve it."
 - William Thomson (Lord Kelvin) Lecture on "Electrical Units of Measurement" (3 May 1883) paraphrased





For Quality Improvement

- Patient list by specific condition
- Decision Support
- Reporting Quality Measures



For Population Health

- Submission of electronic data to immunization registries.
- Submission of reportable labs to public health. Report to cancer registries
- Report to specialized registries





Meaningful Use CQMs not good enough





Tracking Populations

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LDL >100/>130		49%	16%		43%	16%		4	5%	11%		6	0%	33%			49%	4%		4	13%	12%		
LDL None/None		22%	48%		25%	38%		3	4%	72%		2	3%	43%			6%	40%		:	22%	32%		1
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HDL >40		63%			59%			5	2%			6	9%			-	73%				54%			
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ASA Use/ Contraindication	92%	75%	54%		80%	52%		6	3%	51%		6	6%	45%			92%	70%		1	35%	44%		
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Tracks all the quality measures of interest to them for their hypertensive patients comparing the organization, 3 clinics and one provider to the state statistics
StratisHealth

Source: Jeffery Scrivner, M.D., Big Fork Clinic, Scenic River Health Services

Low Tech



Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics

HIGH TECH Export Data from EHR to Excel

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Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics

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Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics



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Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics

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Use of Filters



Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics

Patient Scorecards

Slide from Chris

and Spring Valley Medical Clinics

Tashjian, MD, Ellsworth

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	Last Visit: Blood Pressure A 1c LDL Tobacco Use: Tobacco Cessation: Aspirin Order: Microal bumin:	09/27/201 09/08/201 09/08/201 09/08/201 07/05/201	1 1 104/50 0 70 1 No 1 aspirin Aspir 81 o	ral e nter	ric coated	tablet
	Last Visit: Blood Pressure A 1c LDL Tobacco Use: Tobacco Use: Tobacco Cessation: Aspirin Order: Microal bumin: Creatine Ratio: Foot Exam:	09/27/201 09/08/201 09/08/201 09/08/201 07/05/201 Allergy:	1 1 104/50 0 70 1 No 1 aspirin Aspir 81 o	ral e nter	ic coated	tablet
	Last Visit: Blood Pressure A 1c LDL Tobacco Use: Tobacco Use: Tobacco Cessation: Aspirin Order: Microal bumin: Creatine Ratio: Foot Exam: Next Appointment	09/27/201 09/08/201 09/08/201 09/08/201 07/05/201 Allergy:	1 1 104/50 0 70 1 No 1 aspirin Aspir 81 o No	ral e nter	ic coated	tablet
	Last Visit: Blood Pressure A 1c LDL Tobacco Use: Tobacco Use: Tobacco Cessation: Aspirin Order: Microal bumin: Creatine Ratio: Foot Exam:	09/27/201 09/08/201 09/08/201 09/08/201 07/05/201 Allergy:	1 1 104/50 0 70 1 No 1 aspirin Aspir 81 o No	ral e nter	ic coated	tablet

Stratis Health

Provider Scorecards

Provider Statistics - Optimal Vascular Care														
Health Partners - Partners in Excellence Award Levels: GOLD :50% - SILVER : 55%														
	Patients	BP	IDL	ASA 1	Tobacco	4/4	3/4	2/4	1/4	0/4				
0004	90	60	56	77	68	33	28	18	9	2				
		67%	62%	86%	76%	37%	31%	20%	10%	2%				
0005	79	59	47	67	65	31	26	15	6	1				
	_	75%	59%	85%	82%	39%	3.3%	19%	8%	1%				
0006	58	38 66%	32 55%	48 83%	50 86%	16 28%	24 41%	14 24%	4 7%	0%				
0008	53	32		49			20	24%	4	0%				
0008	22	60%	35	92%	46 87%	20 38%	38%	17%	8%	0%				
0018	25	18	16	24	22	13	6	4	2	0				
		72%	64%	96%	88%	52%	2.4%	16%	8%	0%				
0029	10	4	6	8	8	з	2	з	2	0				
		40%	60%	80%	80%	30%	20%	30%	20%	0%				
0082	41	31	28	37	33	20	11	7	2	1				
		76%	68%	90%	80%	49%	27%	17%	5%	2%				
0087	19	13	11	15	16	6	8	2	3	0				
		68%	58%	79%	84%	32%	42%	11%	16%	0%				
0051	60	34	34	46	46	17	18	15	8	2				
0000		57%	57%	77%	77%	28%	30%	25%	13%	3%				
0056	33	25 76%	20 61%	29 88%	29 88%	13 39%	12 36%	7 21%	1 3%	0%				
0067 .	12	9	5	10	11	4	3	5	0	0				
		75%	42%	83%	92%	33%	25%	42%	0%	0%				
0072	54	31	31	45	51	13	28	10	3	0				
		57%	57%	85%	94%	24%	52%	19%	6%	0%				
0073	11	10	6	10	9	5	4	1	1	0				
		91%	5.5%	91%	82%	45%	36%	9%	9%	0%				
0074	44	21	27	37	33	10	15	14	5	0				
		48%	61%	84%	75%	23%	34%	32%	11%	0%				
0079	11	6	3	8	9 82%	0	4	7	0	0				
	_	55%	27%	73%		0%	36%	64%	0%	0%				
0086	7	6 86%	3 43%	6 86%	7	2 29%	4 57%	1 14%	0%	0%				
0100	1	0	- 0	0	0	0	0	0	0	1				
0100	1	0%	0%	0%	0%	0%	0%	0%	_	100%				
0636	5	2	1	3	3	0	2	1	1	1				
	-	40%	2.0%	60%	60%	0%	40%	20%	20%	20%				
NONE	16	2	1	8	12	0	2	6	5	з				
		13%	676	50%	75%	0%	13%	38%	31%	19%				
	62.9	401 64%	362 58%	528 84%	518 82%	206 33%	217 34%	139 22%	56 9%	11 2%				
		0476	30/6	04/0	02/6	3376	24/6	22.78	2/6	2./6				

Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics



Results!

- In just four years, Ellsworth Medical Clinic reported the following improvements in blood pressure control:
 - Among patients with diabetes, hypertension control increased from 73% to 97% (2007–2011)
 - Among patients with cardiovascular disease,
 BP control increased from 68% to 97% (2007–2011)
 - Currently as of December 2012

ALL patients with hypertension controlled at 90%

Slide from Chris Tashjian, MD, Ellsworth and Spring Valley Medical Clinics



Clinical Decision Support (CDS)

- Alerts and reminders
- Drug-drug and Drug-allergy interactions
- Documentation forms or templates
- Situation-specific flow sheets
- Relevant data presentation
- Referential information
- Interactive sequential advice
- Order sets
- Protocols and Pathways
- Automatic dose calculators





We Work in Silos Often Without the Information We Need

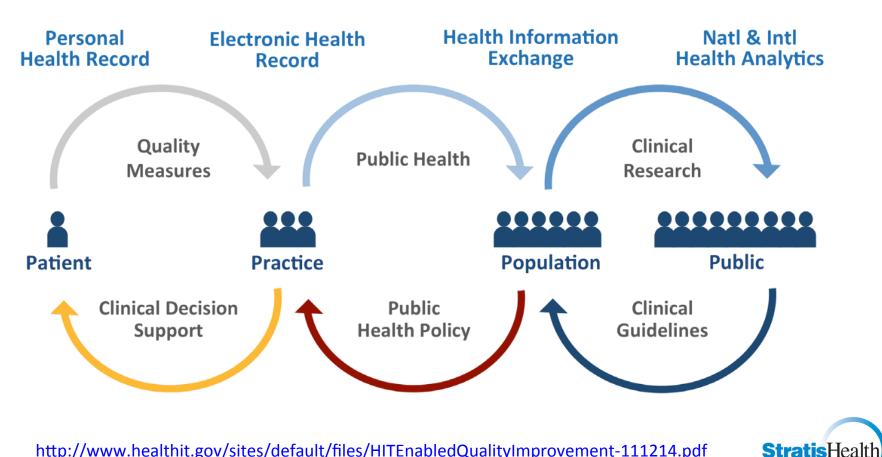




A Learning Health System for the Nation

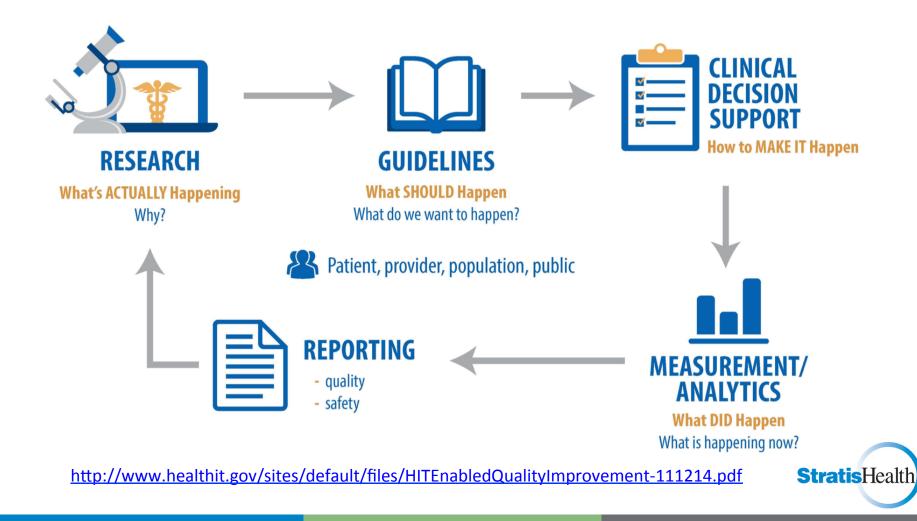


ONC Vision of the Health IT Ecosystem



http://www.healthit.gov/sites/default/files/HITEnabledQualityImprovement-111214.pdf

ONC Vision of the Health IT Quality Improvement Ecosystem



What can we do



What can we do

- Plug and pray is not a recipe for success
- Active involvement in workflow and process redesign is a necessary component
- Interoperability across the care continuum needs to be supported
- Break down the barriers across EHR vendors and IDNs



Discussion



Thank you!

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Stratis Health is a nonprofit organization that leads collaboration and innovation in health care quality and safety, and serves as a trusted expert in facilitating improvement for people and communities.

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