

Successful Implementation of Clinical Decision Support

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Objectives

- Review the common tools used to deliver Clinical Decision Support (CDS)
- Highlight key steps for for implementing CDS interventions in an institution
- Share some lessons learned
- Identify our responsibilities as informaticists



Who am I

- Family Physician
 - St. Peter Minnesota
 - Ramsey Minnesota
- Health Information Technologist (informatics hobbyist)
 - Logician
 - Epic
 - McKesson



Common misconceptions about Clinical Decision Support (CDS)

- The health care institution:
 - Pop-up alerts and reminders
 - A forcing function
 - A way to *finally* get physicians to do something
- EHR Vendors:
 - Numbers:
 - Medication interactions
 - Duplicate alerts
 - Allergy checking
- Providers
 - Cook book medicine
 - Gets in their way
 - Done to save the system money





What I have experienced as a physician

- Alerts which force me to stop what I' m doing and go somewhere else
- Cause me to loose track of what I am doing
- False alarms
- Forced choices with inappropriate options
- Feeling dumb when I realize
 I overlooked something





What is Clinical Decision Support?

- A variety of approaches for delivering clinical knowledge, and intelligently filtered patient information, to clinicians and/or patients for the purpose of improving healthcare processes and outcomes*
- Making the right thing to do the easiest thing to do

* Improving Outcomes with Clinical Decision Support: An Implementer's Guide



Tools in the CDS Toolkit

- Documentation forms or templates
- Situation-specific flow sheets
- Relevant data presentation
- Referential information
- Interactive sequential advice
- Order sets
- Alerts and reminders
- Protocols and Pathways





Templated Documentation

- Help prompt complete documentation for quality measures and compliance
- Guide the care provider in asking questions
- Allow for capture of discreet data elements

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Situation Specific Flow Sheets

- Allow for a single view of a patient relevant to the condition
- Eliminates the need to search for the information
- Increases the likelihood that important information will be seen
- Decreases the likelihood that interventions will go unordered

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Relevant Data Presentation

- Relevant lab, age or weight display when writing orders
- Suggested medication list
- Bed availability and tracking
- Targeted patient lists based on diagnosis or

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Referential Materials

- Links from EHR to articles, protocols, drug monographs, dosing calculators, flow sheets, tables and the like.
- Information pertinent to the task at hand is available one or two clicks away

	Monograph Enoxaparin Sodium
Class: ANTICOAGULANTS (20:12.04)	
Introduction	
Enoxaparin, a low molecular weight heparin preparec origin, is an anticoagulant.	d by alkaline degradation of unfractionated benzylated heparin of porcine intestinal mucose
Uses	
Enoxaparin is used for the prevention of postoperati or knee-replacement surgery, patients undergoing g conditions and severely restricted mobility who are anticoagulant (e.g., warfarin) in hospitalized patients pulmonary embolism and in selected outpatients for Enoxaparin also is used concurrently with aspirin ar [GP] IIb/IIIa-receptor inhibitors) for the prevention of wave myocardial infarction (i.e., non-ST-segment ele	ive deep-vein thrombosis and associated pulmonary embolism in patients undergoing hip- eneral (e.g., abdominal, gynecologic, urologic) surgery, and in patients with acute medical at risk for thromboembolic complications. Enoxaparin is used concurrently with an oral s for the treatment and secondary prevention of deep-vein thrombosis with or without the treatment of acute deep-vein thrombosis without accompanying pulmonary embolism. d'or other therapy (e.g., nitrates, β-adrenergic blockers, clopidogrel, platelet glycoprotein of ischemic events associated with unstable angina or non-ST-segment elevation 'non-Q- evation acute coronary syndromes).
The use of a low molecular weight heparin such as e prevention of thromboembolism in patients with mee failure, severe lung disease); in selected patients wit neurosurgical procedures†; and in patients with acu recommended for prevention or treatment of thromb with atrial fibrillation or flutter† who require prolong procedures or during shorter periods of interrupted Although a causal relationship has not been establi resulting in death (including maternal and fetal deat' in natient; (including maternal and fetal deat'	moxaparin also is recommended by the American College of Chest Physicians (ACCP) for dical conditions associated with a high risk of thromboembolism (e.g., cancer, bedrest, hear th major trauma [†] , including acute spinal cord injury [†] ; in those undergoing intracranial tte ischemic stroke [†] . Therapy with a low molecular weight heparin also has been oembolism occurring during pregnancy and for prevention of embolism in selected patient (ed (exceeding 1 week) interruption of oral anticoagulant therapy for diagnostic or surgical therapy in high-risk patients (e.g., those with mechanical prosthetic heart valves [†]). shed and the number of patients involved appears to be small, cases of valve thrombosis hs) and/or requiring surgical intervention have been reported with enoxaparin prophylaxis etic heart valves.



Print

Interactive Sequential Advice

 Guides the user in decision making

Cholecystitis

- HELP, additional information: 02 Help page (instructions, microbiology, etc.)
- 04 Click for drug information. ([R]=renal excretion, [H]=hepatic excretion, [D1]=important drug interactions, [D]=other, [M]= minimal risk)
- 06 Need an alternative antimicrobial?
- 08 Gastroenterology consult
- 10 Surgery consult
- 12 Need additional help? Consult Infectious Diseases

CHOLECYSTITIS

Adequate biliary drainage is the definitive treatment. Antimicrobials should be prescribed only if signs of infection like leukocytosis or fever are present.

If needed, antimicrobial therapy should be continued until adequate drainage is established and then stopped. Surgery and Gastroenterology involvement are essential.

Most cases are associated with streptococci, enterococci, or gram negative bacilli. Anaerobes are likely only in patients who have previous abnormalities of the biliary system, stomach, or duodenum.

Treatment for patients WITHOUT previous abnormalities of the biliary tract

- 14 Gentamicin 5 mg/kg IV QD (\$3/day) [R,0] <AND> ampicillin 2 gm IV q4h (\$68/day) [R] < OR >
- 16 Ticarcillin-clavulanate 3.1 gm IV q6h (\$42/day) [R] < OR >
- 18 Piperacillin-tazobactam 3.375 gm IV q6h (\$33/day) [R] < OR >

Alternative for penicillin allergy

- 20 Moxifloxacin 400 mg IV QD (\$11/day) [R,DI] < OR >
- 22 Moxifloxacin 400 mg PO QD (\$1.19/day) [R,DI]



Order Sets

- Orders based on disease, procedure, problem type or function
- Can be paper or electronic
- Can be built based on best practice, convenience, common practice or a combination
- Allow you to guide your users to best practice and a standard of care
- Successful adoption requires user buy in.
- Can convert currently existing order sets or buy from a content vendor

Horizon Expert Orders 10.1.0.113							
W220 P TESTER, DR. PAUL 018093	79 55 years M (KLEEB	ERG)	Chronic Obstrue	tive Pulmonary D	Disease PO1028		<u>^</u>
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<u>Condition</u> »		=	FOR PATIENT 4. nursing: refe	ON STEROIDS . er to paper versio	AND DIABETIC n of diabetes me	d mgmt orders po	1657
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Alerts and Reminders

- Highlights or "popups" to alert care giver to a problem (i.e. allergy or interaction) or new data (i.e. lab result) or passage of time without a specified event
- Important to strike a balance between desired outcomes and interruption of workflow

Alternative Selection										
ROFECOXIB	50 MG 1	ГАВ								
On Sept. 30, 2004, the FDA and Merck announced a voluntary withdrawal of rofecoxib (VIOXX) from the market. Refer to the weblink to the right. Please select an alternative COX-2 listed below, or click "Cancel Filling Process" to go back to order entry.										
Alternative Dose Route Frequency End Date Class Cost CELECOXIB 100 MG CAP [29743] CELECOXIB 200 MG CAP [254] CELECOXIB 400 MG CAP [52288] CELECOXIB 400 MG CAP [52288] Centrus With Original Order Centrus With Original Order										
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Protocols and Pathways

- Tools for managing/monitoring multi-step processes
- Tools for managing prolonged medical conditions over time
- In an EHR, the timing and execution of protocols and pathways are automated to maximize outcomes
- Challenging to build and create

Hea	lthEast 🕉			
		needs clinic	ian input for valid order	
	PROTOCOL ORDERS	indicates au	tomatic order; cross out ord	ers not desired.
	eatinine is available, draw. D	o not start protocol until c	reatinine clearance is calculate	
2. Weight	= kg Height =	inches SrCr	(To be filled in by RN).	
Est	. Creat. Clearance =	ml/min (To be calculat	ed by Pharmacy). REFER	TO TABLE
(RN to	complete) Todays K ⁺ lab va	alue	dose still needed today	
Route	Oral Give PO unle	ess patient is unable		
	IV Peripheral Line	- Add lidocaine 10 mg if n	o allergy	
	IV Central Line- N	lidocaine		
Pharma	acy to complete: Initial dose_	Re	echeck K level	our(s) after last dose
□ h Pi	rotocol renewal only (K ⁺ do	sing already completed to	iday)	
	clocol relieval only (it do	ong aneday completed to	aay).	
Pharmacist :	signature		Date/Time	
🛛 4. These	orders expire after three d	ays on Then c	heck with MD. If to be reord	ered, initiate new
order s	heet and recalculate creat	inine clearance.		
M 5 Check	notassium daily while on pro	tocol in addition to specifi	c quidelines below	
Do	cument on kardex "daily K ^{$+$}	 – (K⁺ Protocol)" and expl 	ration date.	
Do	cument on main MAR "K* Pr	otocol". Put ✓ in each tim	e column.	
On	K ⁺ Protocol MAR, transcribe	e CrCl start and stop date.		
	ent daily K ⁺ results on MD or	rder sheet and action ner	protocol	
TABLE A	POT/	ASSIUM REPLACEMENT	PROTOCOL (Cr<1.7 and Cr	Cl>40ml/min)
K ⁺ LEVEL	ORAL DOSE	NEXT K ⁺ LEVEL FOR	IV DOSE	NEXT K ⁺ LÉVEL
		ORAL DOSE		FOR IV DOSE
3.6 - 3.8	K-Dur 40 mEq x1	Next AM	KCI 10 mEq IVPB q1hr x2	
3.3 - 3.5	K-Dur 30 mEq q4hrs x2	4hrs after last dose&	KCI 10 mEq IVPB q1hr x4	1 hr atter last
3.0 - 3.2	K-Dur 40 mEq q4hrs x2	repeat protocol prn	KCI 10 mEq IVPB q1hr x5	dose & repeat
2.7 - 2.9	<u>∧-Lor</u> 40 mEq q4nrs x3	∠IIIS atter last dose &	KCI ID MED IVER DIJUL XQ	necessary
	Or use IV Protocol at	NOTE: K-Lor will increase		noococary
	nurse discretion for K<2.9	K ⁺ faster than K-Dur		
< 2.7	K-Lor 40meq x1 and co	ntact MD to inform of	KCI 10meq IV q1h x2 and con	tact MD to inform of

TABLE B	POTASSIUM REPLACEMENT PROTOCOL (Cr>1.7 or CrCl<240ml/min)								
K⁺ LEVEL	ORAL DOSE	NEXT K ⁺ LEVEL FOR ORAL DOSE	IV DOSE	NEXT K ⁺ LEVEL FOR IV DOSE					
3.6 - 3.8	K-Dur 10 mEq x1	Next AM	KCI 10 mEq IVPB x1						
3.3 - 3.5	K-Dur 20 mEq x1	4hrs after last dose &	KCI 10 mEq IVPB q1hr x2	1 hr after last					
3.0 - 3.2	K-Dur 20 mEq q4hrs x2	repeat protocol prn	KCI 10 mEq IVPB q1hr x3	dose & repeat					
2.7 – 2.9	K-Lor 20 mEq q4hrs x3	2hrs after last dose & repeat protocol prn	KCI 10 mEq IVPB q1hr x4	protocol if necessary					
	Or use IV Protocol at nurse discretion for K<2.9	NOTE: K-Lor will increase K ⁺ faster than K-Dur							
< 2.7	K-Lor 20meq x1 and co dose given and obt	ntact MD to inform of ain further orders.	KCI 10 meq IV q1h x2 and con dose given and obtain	ntact MD to inform of further orders.					

 Date/Time
 Print Name

 USE WITH PRE-PRINTED MAR – MR 1006-C 2/08
 PO1006 4/04 11/04, 1/07, 2/08, 5/08



Improving Outcomes with Clinical Decision Support: An Implementer's Guide

- Identify the stakeholders
- Catalog available information systems
- Select and specify CDS interventions
- Specify and validate the details and build the interventions
- Put interventions into action
- Measure results and refine the program

http://www.himss.org/ASP/ topics_cds_workbook.asp?faid=108&tid=14

Improving Outcomes with Clinical Decision Support: An Implementer's Guide

Jerome A. Osheroff, MD, FACP, FACMI Eric A. Pifer, MD Jonathan M. Teich, MD, PhD, FACMI Dean F. Sittig, PhD, FACMI Robert A. Jenders, MD, MS, FACP

Himss



Creating a team



- Governance
 - Final authority in mediating changes to the system.
- CDS Team
 - Designs, mediates, implements and monitors changes.
- Advisory Groups
 - Provide feedback on design issues both during the planning, pilot and implementation phase as well as the evaluation after the implementation.

Members of the CDS Team

- Quality Measurement
- Health Informatics
 - Build
 - Physician
 - Reporting
- Nursing Informatics
- Pharmacy Informatics
- Lab Informatics
- Radiology
- Health Information Services
- IT Clinical Applications
- Physician Trainers





Finding Direction



- Quality council
- Service lines
- External measures
- Areas of weakness
- Easy wins



Educate Leadership and Manage Expectations

- Some can jump to early conclusions:
 - "We need to score better on our stroke scores! We need alerts and reminders!"
- Builders want to solve a problem the best they know how:
 - "To a man with a hammer, everything looks like a nail."*





Once you've identified a goal

- Identify the needed data elements
 - Find out what is missing
- Examine the workflow
 - Take it apart piece by piece





The earlier in the workflow the better





Six Opportunities for CDS During an Ordering Session^{*}

- When the ordering session is initiated
- When selecting the patient from the census or list
- When opening the patient's chart
- When initiating orders
- When completing an order
- When signing an order



Examine the workflow





Observe What Happens

- "You can observe a lot by just watching."*
- What sounds good in a meeting does not always work in the battlefield
- What works in a controlled environment does not work in one that is out of control





Unintended Consequences

 "As we know, there are known knowns. There are things we know we know.
 We also know there are known unknowns. That is to say we know there are some things we do not know.

But there are also unknown unknowns, the ones we don't know we don't know"*

 You don't know what you don't know.





Unintended Consequences

- Seemingly good decisions can have unintended consequences:
 - Requiring allergy checking before med ordering
 - Requiring weights in pediatric patients
 - Duplicate medication checking
- Start slowly, test with volunteers in a controlled environment and build gradually





Learnings: Referential Material

- Need to be in the workflow
- The fewer clicks the better
- Simple and fast is better than detailed and slow
- Don't underestimate the power or Google





Learnings: Governance

- Align with the top
 - Understand their needs
 - Educate them as to the possibilities
- Work with the troops
 - Understand how things work
 - Watch what happens



Learnings: Building Order Sets

- Migrate to one formulary before the build
- Begin the cleanup of existing order sets
- Get control of the paper order sets
- Identify content owners
- Be aware that established expert groups are protective of their paper format
- What works on paper may not work on-line
- The first selection is the one most often selected
- Keep track of your decisions
- Establish a periodic review



Learnings: Be Succinct

- Make sure important information is obvious
- Many do not read past the first line





Learnings, Templated Documentation

- Nurses do not like to document at the bedside
 - Alerts in nursing documentation not real-time

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Learnings: Alerts

- We tend to over alert:
 - A desire to control behavior
 - A convenient way to fix a problem
 - Fear that something very bad will happen if we don' t
 - Fear that we will be held accountable if we don' t





Too many alerts are counterproductive

- 90% override rate of drug-allergy and high severity drug interaction alerts (Weingart, 2003)
- Create a strong feelings in the end user (Sittig, 2005)
- Can distract the user from important information or completing an important task
- Complicates an already steep learning curve





Learnings: Reports

- Reports take on a life of their own
- Make sure reports are still needed
- Identifying owners of reports that have run for years is challenging
- We were surprised how many we found





The 10 Commandments of Clinical Decision Support*

- 1. Speed is everything
- 2. Anticipate needs and deliver in real time
- 3. Fit into the user's workflow
- 4. Little things can make a big difference (usability matters)
- 5. Recognize that physicians will strongly resist stopping
- 6. Changing direction is easier than stopping
- 7. Simple interventions work best
- 8. Ask for additional information only when you really need it
- 9. Monitor impact, get feedback, and respond
- 10. Manage and maintain your knowledge-based systems





Our Responsibility

- Educate the community on the reality of CDS
- Manage expectations
- Tie into an existing governance structure or help to create one
- Go forward slowly and carefully
- Observe to see how things work
- Build relationships





Successful Implementation of Clinical Decision Support

Questions?

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